



COUNTRY PLUS

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ASCAP/BMI Licensed

Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

Out Of Our Minds

Choreographed by Dan Albro

Description: 32 count, low intermediate partner/circle dance

Music: Lose My Mind by Brett Eldredge

Preview/purchase music

Position: Closed Social Position, Man facing LOD, Lady facing RLOD. Opposite footwork except where noted. Man's footwork described

Intro: 16

2 SHUFFLES FORWARD, STEP FORWARD, ¼ TURN, TOE, & TOE &

1&2-3&4 Chassé forward right-left-right, chassé forward left-right-left

5-6 Cross right over (outside partner), turn ¼ right and step left side

Facing partner. Man facing OLOD. Lady's facing ILOD

&7&8 Touch right together, step right side, touch left together, step left side

CROSSING SHUFFLE, SIDE SHUFFLE, ROCK BACK, REPLACE, BELT LOOP SWITCH

1&2 Crossing chassé right-left-right

3&4-5-6 Chassé side left-right-left, rock right back, recover to left

On count 5, release man's right hand from behind lady's back

7&8 Chassé forward right-left-right turning ¼ left

On count 7, man drops lady's right hand off on his right hip

On count 8, man picks up lady's right hand on his left hip with his left hand

ROCK, STEP, SHUFFLE FORWARD, SIDE, TOGETHER, SHUFFLE SIDE ¼ TURN

1-2 Rock left back, recover to right

3&4 Turn ¼ right and chassé forward left-right-left

5-6 Turn ¼ left and step right side, step left together

On count 5, pick up lady's left hand

7&8 Chassé side right-left-right turning ¼ right (LOD)

On count 8, release lady's left hand

LADY TURNS, SHUFFLE FORWARD, STEP, TOUCH, STEP, TOUCH

1-2 **MAN:** Step left slightly forward (bring lady in front), step right forward

On count 1, man brings lady's right hand over her head

On count 2 man places his right hand on lady's back returning to Closed Social Position

LADY: (Crossing in front of man) turn ½ left and step right back, step left diagonally back

3&4 Chassé forward left-right-left

5-6-7-8 Touch right forward, step right back, touch left back, step left forward

REPEAT
